

Confined Spaces Awareness (Novice)

Max Number of Delegates: 8

Duration: 1 Day

Accreditation: COTS Certificate

Subject & Learning Outcomes

This course is not suitable for those who are expected to enter a confined space. Please view our Medium Risk course. This course will provide you with the basic skills, knowledge and information to understand the dangers of a confined space. Participants will be able to understand more about confined spaces or be aware of what represents a confined space to an In House standard.

Training conditions are simulated to a construction work environment in which:

- The minimum entry requirement is a good understanding of spoken and written English
- Course manual, notepads, etc are provided

Training/Assessment and Testing:

Candidates will be continuously assessed and will have to complete an end-of-course multiple-choice test.

Successful training and test outcomes from this training will result in an In House certificate.

Locations

Cardiff, Swansea, Client Site.

Course content

- **Introduction and registration**
- **Relevant Legislation**
- **Scope of the problem**
- **Facts and figures regarding confined spaces accidents**
- **The consequences of failure**
- **Health and Safety Law**
- **Overview of Common and Statutory obligations, discussion on the Health & Safety at Work Act 1974 and associated regulations, particular attention to Confined Spaces Regulations 1997 and their relationship to other regulations**
- **Confined Spaces Regulation 1997**
- **Definitions**
- **Duties**
- **Risk Assessment**
- **Preventing the need for entry**
- **Safe working in confined spaces**
- **Emergency procedure**
- **Plant and equipment**
- **Practical Exercise**
- **Short exercise to practice principles of risk assessment and controls.**
- **The purpose and use of tripods and man riding winches**
- **Theory Test**
- **Practical Assessment**
- **Feedback and close**

